

AGE GROUP

15U Category

Year of Birth: September 1, 2010 – December 31, 2011

ZONE TEAM COMPOSITION

The maximum team size shall be:

24 athletes per Zone (# of females 12 # of males 12)

4 coaches or chaperones per Zone (# of females 2 # of males 2)

*At least one (1) coach/chaperone must be the same gender as the team



FILL POLICY

If a Zone is unable to fill a complete team of 12 the following steps to fill the zone will be used:

Individual(s) Fill

1. Remaining positions will be filled with individual athletes from an adjacent Zone(s) if the situation is developmentally and logistically appropriate.

Team Fill

If it is not developmentally or logistically appropriate to fill as per #1 then the zone team will be filled with another team as follows:

2. Fill is provided by the host Zone.
3. Fill is provided to the Zone with greatest participation at the selection camp.
4. Fill with the top finisher from last Games.

*Fills must be submitted to Volleyball Alberta by **December 12, 2025**, to be approved by the Multisport Games Unit by **January 13, 2026**.*

ELIGIBILITY

Athletes

Athletes shall compete in the Zone in which he/she resides.

Current provincial team members are NOT eligible.

Athletes must be registered as competitive members with Volleyball Alberta.

Athletes must represent the Alberta Games Zone in which they reside. The Alberta Games Zone List by Community will be used to confirm Zone of residence

Coaches/Chaperones

- **NCCP Certification** - A minimum of one (1) member per team of the staff registered as coaches must be fully Certified to a minimum Volleyball Development Coach in the National Coaching Certification (NCCP) Program. All additional team coaches must be minimally Trained at the Volleyball Development level.
- **Safe Sport** - SafeSport Requirements for all coaches and chaperones must be submitted to the Provincial Sport Coordinator by the time a team is named:

- Must have a clear criminal records and vulnerable sector check from within the last three (3) years, or less if required by your organization’s policies.
 - As per the Volleyball Person in Authority Requirements must have a clear screening disclosure form.
- Must have completed the CAC Safe Sport Training.

Note: Where a coach or chaperone has been substituted after the registration deadline leading into the Games, they must have the above completed and verified with Mission Staff no later than 48 hours prior to the start of the Alberta Games.

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

All athletes, coaches and chaperones must be registered as full members (VA competitive membership) in order to participate in the Alberta Games. For membership information, visit: *How to Register* page on our website

ENTRY AND ZONE SELECTION PROCEDURES

Athlete identification/tryouts will take place in November/December 2025
Athletes are eligible to try out for only one (1) Zone (Alberta Games Zone of primary residence).
Coaches will be selected six (6) months prior to the Alberta Winter Games

For Zone Tryout dates and information please visit the [Volleyball Alberta website](#).

ALBERTA GAMES REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2026 Alberta Winter, are required to pay an individual registration fee of \$80.00. This fee will offset the costs related to transportation, accommodation, meals, Zone identification, medals, athlete entertainment and sport competitions. *Information on the collection of this fee(s) will be available in the final technical package.*

Upon qualifying for the Zone team, players will be charged an additional Volleyball Alberta fee to cover the costs associated with the team. This fee will be determined by Volleyball Alberta and will be announced with the tryout information. The additional VA fee will cover the zone selection camps court rental, zone training court rental, Coach EPIC and certifications, AWG uniforms, coach honorariums, tournament support and athlete travel, officials for competition and official development.

Please note the AWG registration deadline for Volleyball is **December 12, 2025**.

EVENTS

Eight (8) Team Female Tournament
Eight (8) Team Male Tournament

Tournament governed by 2026 Volleyball Canada Rules & the 2026 Volleyball Alberta Competition Regulations.

Competition Rules & Regulations

Twelve (12) limited substitutions, with no libero.

Developmental Substitution Rules will apply:

- All players listed on the score sheet must start the first or second set.
- In the first two sets no substitutions may take place before one team has scored 15 points. An athlete may be substituted out of a set due to injury, an Exceptional Substitution may be made. The injured/ill player may not return to the same set but may return to play in subsequent sets if it complies with the first Developmental Substitution rule.
- If a third set is necessary, any line up can be used.
- Note: Coaches that do not roster athletes on the score sheet or misrepresent an athlete's playing status to avoid compliance with the Developmental Substitution rule will be subject to sanctions. Injured athletes must be noted in the remarks area prior to the coach signing the score sheet. Sanctions may include verbal warning, match forfeiture, written warning, up to \$100 fine per match, and/or submission to Volleyball Alberta Discipline and Complaints.

PROTEST PROCEDURES

Volleyball Alberta Protest Policy

A captain may only lodge a protest in the following circumstances (otherwise it is not a valid protest): an error in applying a rule or rule interpretation, an improper decision of the Scorer who made a mistake on the rotational order or on the score.

- The captain lodges the protest to the First Referee.
- The coach of the team lodging the protest must place a \$100.00 cash bond (or a signed cheque payable to Volleyball Alberta) on the score table as the captain lodges the protest (if the money is not on the table immediately the game will resume, and the protest will not be heard).
- The first referee will confirm with the Scorer that a protest has been lodged, and that the money is on the score table before calling the Provincial Sport Coordinator.
- The Tournament Staff will collect the \$100.00 bond upon arrival at the court.
- The Provincial Sport Coordinator & on-call Volleyball Alberta Competition Manager or Director will determine whether or not the request to protest is valid (they may choose to consult with the Referee Supervisor)
- If the protest is not valid or not upheld, the \$100.00 bond will be forfeited in whole, and the match will resume.
- If the protest is valid, a jury will be assembled to accept or refuse the protest prior to the resumption of play. The bond will only be returned if the protest is upheld.

The Alberta Winter Games – Indoor Volleyball will have a Jury in place that will decide the outcome of each protest. A Jury will consist of three individuals from the following list:

- Provincial Sport Coordinator (VA)
- Referee Supervisor
- Referee Evaluator
- Sport Chair
- Alternates assigned by Provincial Sport Coordinator (VA)

Important Notes:

- The protest will be handled immediately so that play can resume following the jury's decision.
- The jury may discuss the protest by phone and do not have to be present to make a ruling.

- Video review will not be accepted in the review of a protest. The jury will not accept or view any video footage in relation to the protest.
- The jury's decision is final.
- Sanctions may be put in place if a team is abusing the protest procedures.

EQUIPMENT SPECIFICATIONS

Mikasa VQ 2000W Volleyball will be the official ball for the Alberta Winter Games.
Net Heights: Girls – 2.20 m, Boys – 2.35 m

PROVINCIAL SPORT COORDINATOR

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ZONE SPORT REPRESENTATIVE

The Provincial Sport Coordinator indicated above has been appointed by Volleyball Alberta to serve as the primary contact and leader of the association's participation in the Alberta Games. For any questions about Volleyball in the Alberta Games, contact your Provincial Sport Coordinator, or visit www.volleyballalberta.ca.