

AGE GROUP

Level 6 & 7 Athletes: 11 - 16 years of age as of February 13, 2026.

ZONE TEAM COMPOSITION

The maximum team size shall be:

8 athletes per Zone

4 - Provincial Level 6 females

4 - Provincial Level 7 females

3 coaches or chaperones per zone (Minimum of 2 females)



FILL POLICY

There will be no Level 6 fills in Artistic Gymnastics.

- In a situation where a Zone does not meet the above composition requirements for the Level 7 team, a Zone may fill with athletes from Level 6 (must confirm with WP Manager by the late registration deadline for the Trials)

*Fills must be submitted for approval to the Multisport Games Unit by **January 13, 2026**.*

ELIGIBILITY

For Alberta Games Eligibility Policy information please visit www.albertawintergames.ca.

Athletes

- Provincial Level 6 & 7 athletes 11 - 16 years of age are eligible.
- Any athlete who competed at a National or High Performance level in 2024/2025 is ineligible.
- Athletes are to represent the Zone in which they live and train.
- If the athlete lives in a different Zone from which they train, they may choose which Zone to represent and declare by the Zone trial registration deadline.

Coaches

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

- **NCCP Certification** - All staff registered as coaches must be fully certified (theory, technical, and practical) under the National Coaching Certification Program to at least C1 in gymnastics for Level 6 and C2 for Level 7. These coaches must be certified by January 1st of the Games year.
- **SafeSport Requirements** – SafeSport Requirements for all coaches and chaperones by the registration deadline:
 - Must have a clear criminal records and vulnerable sector check from within the last three (3) years, or less if required by your Organization's policies.
 - All coaches must meet the above and additionally follow the Alberta Gymnastics Federation requirements. This includes a Police Record Check and Intervention Record Check (both valid for 3 years) and Completion of Respect in Sport. More information on AGF's SafeSport requirements can be found on the AGF website <https://www.abgym.ab.ca/Safe-Sport/Requirements-for-Team-Alberta-Events>.

**SPORT TECHNICAL PACKAGE
ARTISTIC GYMNASTICS**

- Chaperones must have completed either the CAC Safe Sport Training or the Respect In Sport for Activity Leaders.

Note: Where a coach or chaperone has been substituted after the registration deadline leading into the Games, they must have the above completed and verified with Mission Staff no later than 48 hours prior to the start of the Alberta Games.

AFFILIATION

All athletes, coaches and technical officials must be members in good standing with the Alberta Gymnastics Federation.

ENTRY AND ZONE PLAYOFF PROCEDURES

- One (1) or Two (2) trial events will be hosted in mid-December of each Games year. Ideally one Trials in the North and one in the South.

To determine the date and location of Zone playoffs/selection please visit www.abgym.ab.ca or www.albertawintergames.ca.

ALBERTA GAMES REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2026 Alberta Winter Games (excluding coaches and chaperones), are required to pay an individual registration fee of \$80.00. This fee will offset the costs related to transportation, accommodation, meals, Zone identification, medals, athlete entertainment and sport competitions. *Information on the collection of this fee(s) will be updated no later than the fall of 2025.*

Please note the registration deadline for Artistic Gymnastics is **December 31, 2025**.

EVENTS

Day 1: Level 6 Team and All Around

Level 7 Team and All Around

Day 2: Level 6 & 7 Event Finals

Level 6 Team Awards:

Top 3 scores per event per Zone.

Level 7 Team Awards:

Top 3 scores per event per Zone.

Individual Awards:

- Top three (3) All Around athletes with the top three (3) All Around scores.
- In the event of a tie, the athlete with the highest event score will receive the award (please refer to the tie procedure in the AGF Women's Technical Handbook).

Qualifications for Alberta Games Levels 6 & 7 Apparatus Finals:

- Level 6 Top eight (8) athletes on each event, to a maximum of two (2) athletes per Zone.

**SPORT TECHNICAL PACKAGE
ARTISTIC GYMNASTICS**

- Level 7 Top eight (8) athletes on each event, to a maximum of two (2) athletes per Zone.

In the event of a tie for the 8th place, the athlete with the highest Start Value will move on to the event finals. If there continues to be a tie in event scores, all athletes will compete in the event finals.

The Athlete Order for Apparatus Finals will be drawn by the Provincial Sport Coordinator and will be communicated to the coaches at least one week prior to the competition.

Immediately following the Day 1 competition the Athlete Order, and a list of alternate athletes for Apparatus Finals will be posted.

A random draw will determine athlete competitive order and Zone apparatus rotation order. In the event of an athlete injury, the alternate athletes would directly replace the injured athlete's place in the order.

Provincial Level 6	Vault	Bars	Beam	Floor
Provincial Level 7	Bars	Beam	Floor	Vault

Note: Only registered Zone team coaches will be permitted on the competitive floor during warm up and competition.

PROTEST PROCEDURES

No protests are allowed, however, coaches wishing to inquire about their gymnast start value may do so by approaching the event Head Judge at the conclusion of the event rotation.

EQUIPMENT SPECIFICATIONS

As per GymCan CCP Manual.

PROVINCIAL SPORT COORDINATOR

Carolyn Foster
Alberta Gymnastics Federation
#170 550 71 Ave SE
Calgary, Alberta, T2H 0S6
Telephone: (403) 259-5500 or (403) 589-7729
E-mail: wag@abgym.ab.ca
Website: www.abgym.ab.ca

ZONE SPORT REPRESENTATIVE

The Provincial Sport Coordinator, indicated above, is Alberta Gymnastics primary contact and leader of the association's participation in the Alberta Games. For any questions about Artistic Gymnastics in the Alberta Games, contact our Provincial Sport Coordinator, or visit www.abgym.ab.ca.